

#BAMC16

A selection of Blog Post's from BAM



Highlights from BAMC16 Post's

Here is a sample of some of the post's from our Las Vegas 2016 Bloggers At Midlife Conference.

When was the last time you felt utterly loved and accepted for who you are and what you do? For me, that warm, cuddly (and hilarious) blanket happened during the Bloggers at Midlife Conference at the JW Marriott Las Vegas earlier this month. Read more at <http://wordstormcasserole.com/2016/04/bam-bloggers-midlife-conference/> - Julia



'I have never been with a group of more accepting and nurturing women in my life.' Beth



"When was the last time you felt utterly loved and accepted for who you are and what you do?" Julia "



"There is a camaraderie amongst midlife women bloggers that I have not seen in any other group. They lift each other up and celebrate successes together. " Lisa



“Last week I met over 150 energizing ladies I never knew before. Why did I feel I’d known them all my life? Because of their blogs.”

“This group of midlife women is as unique and varied as anyone could imagine but the common denominator is that they are each beautiful individuals inside and out. I have never been with a group of more accepting and nurturing women in my life. Each one that I met truly cared about everyone that they interacted with. The level of intellect and knowledge in the room was staggering. Honestly. But at no time did I ever feel insignificant or less than. That, my friends, is a gift. The encouragement from this community of women was everywhere.” From <http://www.itsjustlife.me/breathe-drink-coffee-start/> Beth

This second annual Bloggers at Midlife conference was an affirming experience in multiple ways, not the least of which were the camaraderie,



connections and genuine pleasure that come from spending time with like-minded women. My takeaway? We’re not getting older—we’re getting funnier (as well as savvier, more self-assured and self-aware).

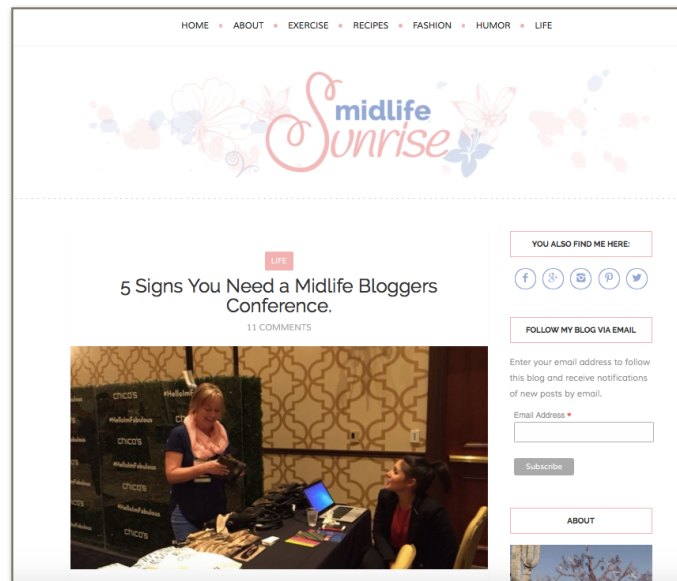
I came away from those two days feeling enriched on so many levels. And—no offense to the fitness experts in attendance—my core got an amazing workout from all the laughter, inspiring this haiku: See more at: <http://boomerhaiku.com/happened-vegas-observations-bloggers-midlife-conference/#sthash.y9egVp3L.dpuf>

<http://boomerhaiku.com/happened-vegas-observations-bloggers-midlife-conference/> Roxanne

“I came away from those two days feeling enriched on so many levels” Roxanne

“The Women of Midlife are a dynamic group of individuals with voices that are strong, articulate, and powerful. We’ve been through the fire, and have come out on the other side with quite the education: not only in terms of graduate and post-graduate degrees, but also from the school of hard knocks. We’ve faced all life has tossed at us, from sickness, and loss of loved ones, to joy and achievement, and we’ve surfaced on the other side, still swinging, still vibrantly alive, and ready to tell our tale, and inspire others.” <http://www.thatsusanwilliams.com/2016/05/bam-conference-vegas-kiss-and-tell/> Susan





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“These friends I've made through Facebook and Blog posts greeted me in real life with hugs, laughter and excited chatter including "come sit here" and "you look exactly as I thought you would!"

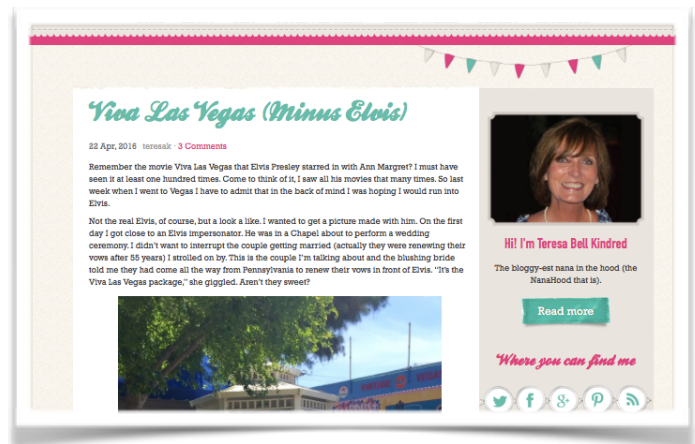


“This group of midlife women gathered together to inspire and remind each other that our best days are not behind us...but ahead of us. We looked menopause, wrinkles and extra weight right in the face and laughed. We dared them to stop us, because women of midlife have stories to tell, people to teach and nurture...we have lives to live! Most of us have raised our children, had a career or two and now it is time to find a way to feed the muse. The voice constantly whispering in our ears, you have a talent, use it, you have great ideas, teach them, you have great worth, show it must be heard. It does the world harm not sharing our voices, ideas and talents.” See more at <http://bleachervision.blogspot.com/2016/04/my-weekend-with-girls.html> Donna

Highlights from BAMC16 Post's

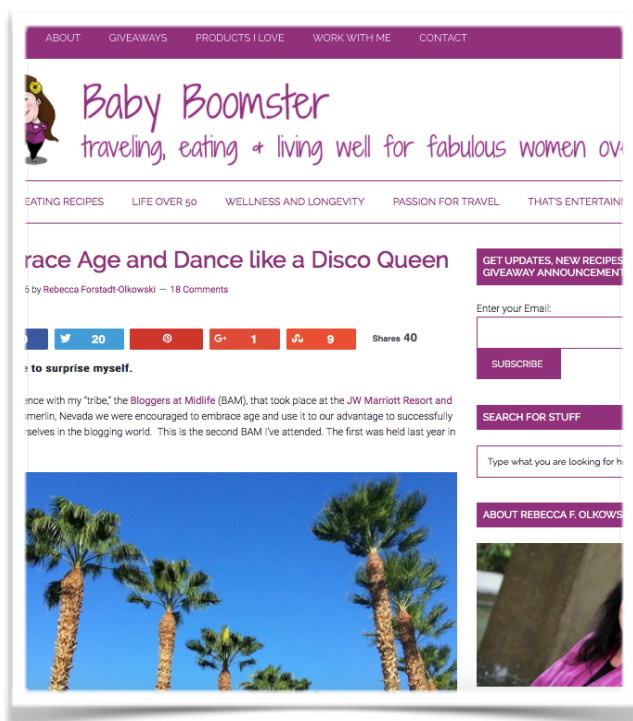
The BAM Conference – How to embrace age midlife and beyond

Approximately 170 women, most of them 45 and older, attended the two-day conference. Our talented and successful speakers advised us on how to optimize our social media, video production, travel writing, book publishing, branding and much more. We also had the opportunity to meet with brands that fit our “midlife and beyond” audience. See more at <http://www.babyboomster.com/embrace-age/> Rebecca



This past weekend, I was phenomenally blessed to be able to immerse myself in a swirling sea of a greatness. There were 130 women — *count 'em, 130* — who lit up Las Vegas as bright as that infamous strip in the desert. From points near and far, we came together to the **JW Marriott Las Vegas Resort & Spa** for the second **Bloggers at Midlife (BAM) Conference**, a two-day gathering aimed at the wonderful blogging women of midlife. At the BAM Conference, we came to learn, we came to laugh and we came to uplift, inspire and motivate one another. The energy in the room was palpable . . . and it flowed from one woman to the next.” See more at <http://www.midlifeagogo.com/come-saw-conquered-bam-conference/> Valerie

“There is a camaraderie amongst midlife women bloggers that I have not seen in any other group. They lift each other up and celebrate successes together. There is no pretense, just authentic women who share a love of writing. Along with learning, there was much laughter at the conference, and a lot of dancing at the 70s disco Friday evening.” See more at <http://midlifesunrise.com/5-signs-you-need-a-midlife-bloggers-conference/> Lisa



Last weekend I attended a conference for midlife bloggers. **#BAMC16**. Imagine that, there are so many midlife women blogging that they have their own conference!

BLOGGER	BLOG	POST URL
Cathy Lawdanski	My Side of 50	http://mysideof50.com/the-gift-of-midlife-girlfriends/
		http://mysideof50.com/chicos-giveaway-dancing-stars-recap/
Elaine Ambrose	Elaine Ambrose	http://elaineambrose.com/blog/searching-for-cheekbones/
Shari Eberts	Living With Hearing Loss	https://livingwithhearingloss.com/2016/05/03/why-is-it-still-ok-to-make-fun-of-hearing-loss/
Teresa Kindred	Nanahood	http://nanahood.com/viva-las-vegas-minus-elvis
		http://nanahood.com/vegas-in-the-spring
		http://nanahood.com/disco-queens
Janna Beatty	Quintessential Style	http://qstylethebook.com/what-happens-when-remarkable-women-come-together-bam/
Kathy Gottberg	SMART Living 365	http://smartliving365.com/smart-thoughts-birthdays-blogging-bffs/
Darlene Fadem	Who's a Pretty Girl	https://whosaprettygirl.com/2016/04/19/bamc16/
Anna Rosenblum Palmer	Anna Rosenblum Palmer	http://annarosenblumpalmer.com/always-hungry-new-tricks-fill/
Rebecca Forstadt-Olkows	Baby Boomster	http://www.babyboomster.com/embrace-age/
Valerie Albarda	Midlifeagogo.com	http://www.midlifeagogo.com/came-saw-conquered-bam-conference/
		http://www.midlifeagogo.com/boiron-usa-midlife-motherlode/
Lisa Bhella	MidlifeSunrise.com	http://midlifesunrise.com/5-signs-you-need-a-midlife-bloggers-conference/
Donna Tagliaferri	Bleacher Vision	http://bleachervision.blogspot.com/2016/04/my-weekend-with-girls.html
Carol Cassara	Carol Cassara	http://carolcassara.com/tribe/
Terri Schrandt	Second Wind Leisure	http://secondwindleisure.com/2016/04/17/i-lost-my-oreo-2/
		http://secondwindleisure.com/2016/04/22/dinnertime-for-a-group-of-hungry-bloggers/
Eleanor Prior	Eleanor Prior	http://eleanorprior.com/bam-conference-2016-vegas/
Julie Wallace	Word Storm Cassarole	http://wordstormcasserole.com/2016/04/bam-bloggers-midlife-conference/
Sheila	Making the Most of Everyda	http://www.makingthemostofeveryday.com/what-i-learned-at-bam-conference-2016-mmog-10/
Susan Williams	That Susan Williams	http://www.thatSusanWilliams.com/2016/05/bam-conference-vegas-kiss-and-tell/
		http://www.thatSusanWilliams.com/2016/05/top-must-haves-girlfriend-getaway/
Roxanne	Boomer Haiku	http://boomerhaiku.com/happened-vegas-observations-bloggers-midlife-conference/
Paula Miller	Midlife Modern Style	http://midlifemodernstyle.com/bam-2016-recap-dancing-midlife/
Doreen McGettigan	Doreen McGettigan	http://doreenmcgettigan.com/2016/04/unselfishly- uplifting/
Beth Ann Chiles	It's Just Life	http://www.itsjustlife.me/and-now-a-word-from-our-sponsor/
		http://www.itsjustlife.me/bam-bamc16-that-is/
		http://www.itsjustlife.me/breathe-drink-coffee-start/
Estelle Erasmus	Estelle Erasmus	http://estelleerasmus.com/2016/04/28/tips-personal-essay-writing-bamc16/
Joan Stommen	Gramcracker Crumbs	http://www.gramcrackercrumbs.com/2016/05/inspired-with-write-words.html

Andrea Bates	Midlife Boulevard	http://midlifeboulevard.com/key-moments-bloggers-midlife-conference/
Andrea Bates	Midlife Boulevard	http://midlifeboulevard.com/key-moments-bloggers-midlife-conference/
Candace Karu	Candace Karu	http://candacekaru.com/the-blog/2016/4/27/xkm1d03yb2up14p93bg1rryvohf2pi
Sharon White	Quintessential Style	http://qstylethebook.com/wednesday-discoveries-root-touch-up-contouring-and-more/
Pam Lutrell	Over 50 Feeling 40	http://www.over50feeling40.com/2016/05/floral-designs-for-women-over-50.html
Pam Lutrell	Over 50 Feeling 40	http://www.over50feeling40.com/2016/05/madison-reed-root-touch-up-confidence.html
Pam Lutrell	Over 50 Feeling 40	http://www.over50feeling40.com/2016/04/power-products-for-women-over-50.html
Jennifer Connolly	A Well-Styled Life	http://www.awellstyledlife.com/make-statement-confidence-artful-home/#more-9891
Jennifer Connolly	A Well-Styled Life	http://www.awellstyledlife.com/traveling-style-midlife-women/
Glenda Harrison	So What to Twenty	http://sowhattotwenty.blogspot.com/2016/04/a-marigold-time.html